



# Summer JCC Indoor Pool Schedule

# JCC POOL SCHEDULE

| Monday  | Tuesday  | Wednesday   | Thursday                                       | Friday  | Saturday                                    | Sunday                                      |
|---|--|---|--|---|---|---|
| 5:00-9:00am<br>Adult Lap 6                                  | 5:00-9:00am<br>Adult Lap 6                     | 5:00-9:00am<br>Adult Lap 6                                  | 5:00-9:00am<br>Adult Lap 6                     | 5:00-9:00am<br>Adult Lap 6                    | 7:00-9:30am<br>Adult Lap 6                  | 7:00-8:30am<br>Adult Lap 6                  |
| 9am-10:15am<br>Adult Lap 4<br>Swim Lessons 2                | 9:00-10:15am<br>Adult Lap 4<br>Swim Lessons 2  | 9am-10:15am<br>Adult Lap 4<br>Swim Lessons 2                | 9:00-10:15am<br>Adult Lap 4<br>Swim Lessons 2  | 10:15-11:15am<br>Aerobics 4<br>Adult Lap 2    | 9:30-10:15am<br>Lap Swim 3<br>Aerobics 3    | 8:30-1:00pm<br>Swim Lessons 2<br>Lap Swim 4 |
| 10:15-11:00am<br>Adult Lap 2<br>Aerobics 4                  | 10:15-11:15am<br>Adult Lap 2<br>Aerobics 4     | 10:15-11:00am<br>Adult Lap 2<br>Aerobics 4                  | 10:30-11:15am<br>Adult Lap 2<br>Aerobics 4     | 11:15-3:15pm<br>Swim Lessons 2<br>Adult Lap 4 | 10:15-1:00pm<br>Lap Swim 6                  | 1:00-3:00pm<br>Adult Lap 4<br>Family Swim 2 |
| 11:00-3:00pm<br>Adult Lap 4<br>*Swim Lessons 2              | 11:15-5:00pm<br>Adult Lap 4<br>*Swim Lessons 2 | 11:00-3:00pm<br>Adult Lap 4<br>*Swim Lessons 2              | 11:15-5:00pm<br>Adult Lap 4<br>*Swim Lessons 2 | 3:15-6:00pm<br>Swim Team 4<br>Lap Swim 2      | 1:00-3:00pm<br>Adult Lap 4<br>Family Swim 2 |   |
| 3:00-5:00pm<br>Swim Lessons 1<br>Swim Team 3<br>Adult Lap 2 | 5:00-7:00pm<br>Swim Team 4<br>Lap Swim 2       | 3:00-5:00pm<br>Swim Lessons 1<br>Swim Team 3<br>Adult Lap 2 | 5:00-7:00pm<br>Swim Team 4<br>Lap Swim 2       |   |   |   |
| 5:00-7:00pm<br>Swim Team 2<br>Adult Lap 3<br>Tri Team 1     | 7:00-8:30pm<br>Lap Swim 6                      | 5:00-7:00pm<br>Swim Team 2<br>Adult Lap 3<br>Tri Team 1     | 7:00-8:30pm<br>Lap Swim 6                      |   |   |   |
| 7:00-8:00pm<br>Aerobics 3<br>Lap Swim 2<br>Tri Team 1       |  | 7:00-8:00pm<br>Aerobics 3<br>Lap Swim 2<br>Tri Team 1       |  |   |   |   |
| 8:00-8:30pm<br>Lap Swim 6                                   |  | 8:00-8:30pm<br>Lap Swim 6                                   |  |   |   |   |
|   |  |   |  |   |   |   |

**\*Family Swim will share lanes with Swim Lessons during this time.**

