



Summer JCC Indoor Pool Schedule

JCC POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00am Adult Lap 6	5:00-9:00am Adult Lap 6	5:00-8:00am Adult Lap 6	5:00-9:00am Adult Lap 6	5:00-10:15am Adult Lap 6	6:30-9:30am Adult Lap 6	7:00-8:30am Adult Lap 6
8am-10:15am Adult Lap 4 Swim Team & Lessons 2	9:00-10:15am Adult Lap 4 Swim Lessons 2	8am-10:15am Adult Lap 4 Swim Team & Lessons 2	9:00-10:15am Adult Lap 4 Swim Lessons 2	10:15-11:15am Aerobics 4 Adult Lap 2	9:30-10:15am Lap Swim 3 Aerobics 3	8:30-1:00pm Swim Lessons 2 Lap Swim 4
10:15-11:00am Adult Lap 2 Aerobics 4	10:15-11:15am Adult Lap 2 Aerobics 4	10:15-11:00am Adult Lap 2 Aerobics 4	10:15-11:15am Adult Lap 2 Aerobics 4	11:15-3:15pm Swim Lessons 2 Adult Lap 4	10:15-1:00pm Lap Swim 6	1:00-3:00pm Adult Lap 4 Family Swim 2
11:00-3:00pm Adult Lap 4 *Swim Lessons 2	11:15-5:00pm Adult Lap 4 *Swim Lessons 2	11:00-3:00pm Adult Lap 4 *Swim Lessons 2	11:15-5:00pm Adult Lap 4 *Swim Lessons 2	3:15-6:00pm Swim Team 4 Lap Swim 2	1:00-3:00pm Adult Lap 4 Family Swim 2	
3:00-5:00pm Swim Lessons 1 Swim Team 3 Adult Lap 2	5:00-7:00pm Swim Team 4 Lap Swim 2	3:00-5:00pm Swim Lessons 1 Swim Team 3 Adult Lap 2	5:00-7:00pm Swim Team 4 Lap Swim 2			
5:00-7:00pm Swim Team 2 Adult Lap 3 Tri Team 1	7:00-8:30pm Lap Swim 6	5:00-7:00pm Swim Team 2 Adult Lap 3 Tri Team 1	7:00-8:30pm Lap Swim 6			
7:00-8:00pm Aerobics 3 Lap Swim 2 Tri Team 1		7:00-8:00pm Aerobics 3 Lap Swim 2 Tri Team 1				
8:00-8:30pm Lap Swim 6		8:00-8:30pm Lap Swim 6				

***Family Swim will share lanes with Swim Lessons during this time.**

