



JCCNS COVID PROTOCOLS

2020-12-23

This document addresses issues when a child, staff or member has or develops possible signs and symptoms of COVID-19, a diagnosis of COVID-19, or exposure to a person diagnosed with COVID-19, or ordered a COVID-19 test or traveled to or been visited by someone from a RED state or any other country. It describes immediate actions for removing an individual from the school/building setting and when to safely return them to school/building.

This document also addresses issues when a child, staff or member has been ordered to quarantine by the Marblehead Board of Health or their own Board of Health. The new CDC guidelines from December 2020 are to be followed. See Below.

Event	Location of Event	Testing Result PCR or antigen tests can be accepted ³	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed but you are not experiencing symptoms
<p>Individual has COVID-19 symptoms¹ but has NOT had close contact² to a person diagnosed with COVID-19</p>	<p>If at Home: stay home, notify the JCCNS immediately and get tested.</p>	<p>Individual tests³ negative</p>	<p>Return to JCCNS once there are no symptoms for 48 (change from 24) hours.</p>
	<p>If at JCC:</p> <p>School Children: must remain masked, adhere to strict physical distancing, be assessed by a department head (if available), stay in the isolation room (with adult supervision), until picked up to go home, consult a healthcare provider, and get tested.</p> <p>Staff/Member: must remain masked, adhere to strict physical distancing, immediately contact leadership, go home, consult a healthcare provider, and get tested.</p> <p>If a staff/member or student is ill enough to require transport to a healthcare facility, notify EMS that COVID-19 is a concern.</p>	<p>Individual tests positive</p>	<p>Remain home (except to get medical care), monitor symptoms, notify the JCCNS immediately, notify personal close contacts, assist the JCCNS in contact tracing efforts⁴, and answer phone calls from public health officials/ contact tracing staff.</p> <p>Stay in self-isolation⁵ for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever⁶ (without fever-reducing medications) and with improvement in other COVID-19 symptoms.</p>
		<p>Individual is not tested</p> <p>All school children are expected to be tested</p>	<p>Stay in self-isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other symptoms.</p> <p>Can return to JCCNS earlier if obtains note from healthcare provider with alternate diagnosis.</p>

Event	Location of Event	Testing Result PCR or antigen tests can be accepted ³	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed but you are not experiencing symptoms
<p>Individual has COVID-19 symptoms¹ AND has had close contact² to a person diagnosed with COVID-19</p>	<p>If at home: stay home, notify the JCCNS immediately (do not wait until the beginning of the next JCCNS day), and get tested.</p> <p>If at JCC:</p> <p>School Children should remain masked, adhere to strict physical distancing, be assessed by the JCCNS nurse or JCCNS medical advisor (if available), stay in the isolation room (with adult supervision), until picked up to go home, consult a healthcare provider, and get tested.</p> <p>staff or members should remain masked, adhere to strict physical distancing, immediately contact leadership, go home, consult a healthcare provider, and get tested.</p> <p>If a staff or student is ill enough to require transport to a healthcare facility, notify EMS that COVID-19 is a concern.</p>	Individual tests negative	Stay in self-isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other symptoms.
		Individual tests positive	<p>Remain home (except to get medical care), monitor symptoms, notify the school, notify personal close contacts, assist public health and the JCCNS in contact tracing efforts.</p> <p>Stay in self-isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other symptoms.</p>
		Individual is not tested School Children are expected to be tested	Stay in self-isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other symptoms.

Event	Location of Event	Testing Result PCR or antigen tests can be accepted ³	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed but you are not experiencing symptoms
<p>Individual does NOT have COVID-19 symptoms BUT had close contact² to someone diagnosed with COVID-19</p>	<p>If at home: stay home, notify the JCCNS immediately, and get tested.</p> <p>If at JCC:</p>	Individual tests negative	Remain home in self-quarantine ⁷ for 10 (change from 14) days from last exposure to the person diagnosed with COVID-19.
	<p>School Children should remain masked, adhere to strict physical distancing, be assessed by the JCCNS Department Head (if available), be picked up to go/go home, consult a health care provider, and get tested. Students (only) who do not have symptoms may remain in the health room until they are picked up, they do not have to be sent to the isolation room.</p>	Individual tests positive	<p>Remain home (except to get medical care), monitor symptoms, (if school child, notify the school), notify personal close contacts, assist public health and the JCCNS in contact tracing efforts.</p> <p>Stay home until 10 days have passed since date of the positive COVID-19 test or if symptoms occur, 10 days since symptom onset.</p>
	<p>Staff and /members should remain masked, adhere to strict physical distancing, immediately contact leadership, go home, consult a healthcare provider, and get tested.</p>	Individual is not tested School Children are expected to be tested	Remain home in self-quarantine for 10 (change from 14) days from last exposure to the person diagnosed with COVID-19.

Event	Location of Event	Testing Result PCR or antigen tests can be accepted ³	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed but you are not experiencing symptoms
<p>Individual has scheduled a Covid Test or is waiting for results of a Covid Test for reasons not related to the JCCNS</p>	<p>If individual is getting tested for travel or for medical procedure and does not exhibit any symptoms no action is required</p> <p>If individual is getting tested out of concern that they may have Covid he/she must self-quarantine at home until the test results are in.</p>	<p>Individual tests negative</p>	<p>Individual may return to the JCCNS</p>
		<p>Individual tests positive</p>	<p>Remain home (except to get medical care), monitor symptoms, (if student, notify the school), notify personal close contacts, assist public health and the JCCNS in contact tracing efforts.</p> <p>Stay home until 10 days have passed since date of the positive COVID-19 test or if symptoms occur, 10 days since symptom onset.</p>
		<p>Individual is not tested</p>	<p>If individual scheduled a test but ended up not taking it he/she may return to the JCCNS</p>

Event	Location of Event	Testing Result PCR or antigen tests can be accepted ³	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed but you are not experiencing symptoms
<p>Individual traveled to RED state or anywhere Internationally or entertained someone from a RED state or from abroad</p>	<p>If individual traveled to RED state, individual should get a COVID test in the window of time defined by 72 hours before leaving RED state and 72 hours after return from RED state. If individual does not get tested see to the right.</p> <p>If host has entertained a guest from a RED state,</p> <p>Visit less than 10 days</p> <p>Host should get a COVID test within 72 hours of the departure of the guest</p> <p>No need to quarantine while guest is in host's home</p> <p>Visit greater/equal 10 days</p> <p>No need to get tested</p>	<p>Individual tests negative. (only PCR accepted)</p>	<p>Remain home for an additional 24 hours and if no symptoms individual may return to the JCCNS</p>
		<p>Individual tests positive</p>	<p>Remain home (except to get medical care), monitor symptoms, (if student notify the school), notify personal close contacts, assist public health and the JCCNS in contact tracing efforts.</p> <p>Stay home until 10 days have passed since date of the positive COVID-19 test or if symptoms occur, 10 days since symptom onset.</p>
		<p>Individual who returned from abroad of from RED state is not tested</p>	<p>Remain home in self-quarantine for 10 (change from 14) days from date of return from a RED state or international travel</p>

Event	Options	Criteria	Active Monitoring
<p>Individual has been ordered to quarantine by the JCCNS and/or local Board of Health</p>	<p>7 Days of Strict Quarantine JCCNS will NOT allow this option</p>	<p>RELEASE on DAY 8 IF: A test (either PCR or antigen) taken on Day 5 or later is negative AND The individual has not experienced any symptoms up to that point; AND The individual conducts active monitoring through Day 14</p>	<p>Individual must actively monitor symptoms and take temperature once daily. If even mild symptoms of 100.0° F, they must immediately self-isolate, contact the public health authority overseeing their quarantine and get tested</p>
	<p>10 Days of Strict Quarantine</p>	<p>RELEASE on DAY 11 IF: The individual has not experienced any symptoms up to that point: AND The individual conducts active monitoring through day 14 No test is necessary under this option</p>	
	<p>14 Days of Strict Quarantine</p>	<p>Release on DAY 14 IF: Individual has experienced ANY symptoms during quarantine period EVEN if they have a negative COVID-19 test: OR The individual indicates they are unwilling or unable to conduct active monitoring</p>	<p>No additional active monitoring required</p>

End notes

- 1 Key COVID-19 signs and symptoms are:** feeling feverish, measured temp 100.0° F or more, chills, uncontrolled new cough, shortness of breath, difficulty breathing, loss of taste or smell. There are other more nonspecific signs and symptoms. For a full list, see CDC Web page at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- 2 Close contact:** Spending at least 15 minutes within 6 feet of a person with confirmed COVID-19 within 24 hours, or a direct exposure to possibly infected droplets of saliva or nasal mucus (e.g., begin sneezed or coughed on in the face). See CDC web page at <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
- 3 COVID-19 test for school/work attendance:** This is a viral test, NOT an antibody test. Tests for the presence of the virus must be used. Antibody tests, which test for the individual's immune system reaction to a past viral infection should not be used to determine JCCNS attendance (see CDC information on COVID-19 tests at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>). This can include a molecular test (often called a PCR test) or an antigen test. A negative antigen test in a person with symptoms consistent with COVID-19 or a close contact without symptoms should be followed up with a PCR test. Find DPH guidance on the use of antigen tests here: <https://portal.ct.gov/DPH/HAI/COVID-19-Healthcare-Guidance>.
- 4 Contact tracing:** A public health intervention in which the contacts of a person with a communicable disease are identified, and possibly tested, quarantined or isolated to interrupt the transmission of the virus in a population. <https://portal.ct.gov/Coronavirus/ContaCT>
- 5 Self- Isolation:** Individual with signs or symptoms of COVID-19, or a positive test, stays home until no longer infectious for at least 10 days since the onset of symptoms **and** until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other COVID-19 symptoms. See CDC web page at <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>
- 6 Fever:** Measured temperature of 100.0° F or higher
- 7 Self-Quarantine:** Individual without symptoms stays home for 14 days since last exposure to someone who was diagnosed with COVID-19 (the incubation period of the virus). See CDC web page <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html> or https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fquarantine-isolation.html