



Winter JCC Indoor Pool Schedule

JCC POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-10:00am Motion-vibe Booked Slots Swim Team 2 5:45-7am	6:00-10:00am Motion-vibe Booked Slots	6:00-11:00am Motion-vibe Booked Slots	6:00-10:00am Motion-vibe Booked Slots	6:00-10:00am Motion-vibe Booked Slots	7:00-10:00am Motion-vibe Booked Slots Swim Team 2 8-10am	7:00-9:00am Motion-vibe Booked Slots
10:00-10:45am Water Aerobics	10:00-10:45am Water Aerobics	10:00- 11:00am Motion-vibe Booked Slots	10:00-10:45am Water Aerobics	10:00-10:45am Water Aerobics	10:00-11:00am Water Aerobics 4 Swim Team 2	9:00-12:00pm Swim Lessons 6
11:00-3:00pm Adult Lap 6	11:00-1:00pm Adult Lap 6	11:00-3:00pm Adult Lap 6	11:00-1:00pm Adult Lap 6	11:00-3:00pm Adult Lap 6	11:00-1:00pm Lap Swim 4 Swim Lessons 2	12:00-4:00pm Lap Swim 4 Family Swim 2
3:00-4:30pm Swim Lessons 3 Swim Team 3	1:00-3:00pm Adult Lap 3 Swim Lessons 3	3:00-5:00pm Swim Lessons 2 Swim Team 4	1:00-3:00pm Adult Lap 3 Swim Lessons 3	3:00-4:30pm Swim Lessons 3 Swim Team 3	1:00-4:00pm Lap Swim 4 Family Swim 2	4:00-6:30pm Swim Team 6
4:30-6:00pm Swim Team 6	3:00-5:00pm Swim Lessons 3 Swim Team 3	5:00-8:00pm Tri Team 3 Lap Swim 3	3:00-5:00pm Swim Lessons 3 Swim Team 3	4:30-6:00pm Swim Team 6		
6:00-8:00pm Swim Team 5 Lap Swim 1	5:00-6:00pm Swim Team 6		5:00-6:00pm Swim Team 6	6:00-7:30pm Swim Team 5 Lap Swim 1		
	6:00-8:00pm Swim Team 5 Lap Swim 1		6:00-8:00pm Swim Team 5 Lap Swim 1			

* Please note: Our Schedules are subject to change, please see our website for updated schedules. Website: www.jccns.com

