



Fall JCC Indoor Pool Schedule

JCC POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-10:00am Motion-vibe Booked Slots Swim Team 2 5:45-7am	5:00-10:00am Motion-vibe Booked Slots Swim Lessons 2 8:30-9am	5:00-10:00am Motion-vibe Booked Slots Swim Lessons 2 8:30-9am	5:00-10:00am Motion-vibe Booked Slots Swim Lessons 2 8:30-9am	5:00-10:00am Motion-vibe Booked Slots	7:00-8:00am Adult Lap 6	7:00-9:00am Adult Lap 6
10:00-10:45am Water Aerobics	10:00-10:45am Water Aerobics	10:00- 1:00pm Adult Lap 6	10:00-10:45am Water Aerobics	10:00-10:45am Water Aerobics	8:00-10:00am Lap Swim 3 Swim Team 3	9:00-1:00pm Swim Lessons 6
11:00-1:00pm Adult Lap 6	11:00-1:00pm Adult Lap 6	1:00-3:00pm Adult Lap 4 Swim Lessons 2	11:00-1:00pm Adult Lap 6	11:00-3:00pm Adult Lap 6	10:00- 11:30am Water Aerobics 4 Swim Team 2	1:00-5:00pm Lap Swim 4 Family Swim 2
1:00-3:00pm Adult Lap 4 Swim Lessons 2	1:00-3:00pm Adult Lap 4 Swim Lessons 2	3:00-4:30pm Swim Lessons 3 Lap Swim 3	1:00-3:00pm Adult Lap 4 Swim Lessons 2	3:00-4:30pm Swim Lessons 3 Swim Team 3	11:30-1:30pm Lap Swim 4 Swim Lessons 2	5:00-6:30pm Swim Team 6
3:00-4:30pm Swim Lessons 3 Swim Team 3	3:00-5:00pm Swim Lessons 3 Swim Team 3	4:30-6:00pm Lap Swim 3 Swim Team 3	3:00-5:00pm Swim Lessons 3 Swim Team 3	4:30-6:00pm Swim Team 5 Lap Swim 1	1:30-4:00pm Lap Swim 4 Family Swim 2	
4:30-6:00pm Swim Team 5 Lap Swim 1	5:00-6:00pm Swim Team 5 Lap Swim 1	6:00-8:00pm Lap Swim 6	5:00-6:00pm Swim Team 5 Lap Swim 1	6:00-7:30pm Swim Team 6		
6:00-8:00pm Swim Team 5 Lap Swim 1	6:00-8:00pm Swim Team 6		6:00-8:00pm Swim Team 6			

* Please note: Our Schedules are subject to change, please see our website for updated schedules. Website: www.jccns.com