

Spring 2023 Gym Schedule

Starts 4/24/23

JCC GYM SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>SIDE A 6:00-9:00am Open Gym</p> <p>SIDE B 6:00-9:00am Fitness</p>	<p>SIDE A 6:00-9:00am Member Pickleball Court Reservation time on motionvibe</p> <p>SIDE B 6:00-9:00am Pickleball lessons</p>	<p>SIDE A 6:00-8:00am Member Pickleball Court Reservation time on motionvibe 8:00-9:00am Epstein Hillel School</p> <p>SIDE B 6:00-9:00am Fitness</p>	<p>SIDE A 6:00-8:00am Member Pickleball Court Reservation time on motionvibe 8:00-9:00am Epstein Hillel School</p> <p>SIDE B 6:00-9:00am Pickleball Contract time</p>	<p>SIDE A 6:00-9:00am Member Pickleball Court Reservation time on motionvibe</p> <p>SIDE B 6:00-8:50am Fitness</p>	<p>SIDE A+B 7:00-11:00pm Open Adult- Pickleball 3 open play courts</p> <p>7-9am advanced play of level 3.5 or more.</p>	<p>SIDE A + B 7:00-8:00am Open Gym</p> <p>SIDE A 8:00-11:00am Adult Rec Basketball</p> <p>SIDE B 8:00-11:00am Adult Rec Basketball</p>
<p>SIDE A+B 9:00-12:00pm JCC Early Child- hood</p>	<p>SIDE A+B 9:00-12:00pm JCC Early Childhood</p>	<p>SIDE A 9:00-10:15am JCC Early Childhood</p> <p>SIDE B 9:00-10:15am Epstein Hillel School</p>	<p>SIDE A 9:00-10:15am JCC Early Childhood</p> <p>SIDE B 9:00-10:15am Epstein Hillel School</p>	<p>SIDE A 9:00-10:30am JCC Early Child- hood</p> <p>SIDE B 8:50-10:30am Epstein Hillel School</p>	<p>SIDE A+B 11:00-12:30am Member Pickle- ball Court Reservation time on motionvibe</p>	<p>SIDE A 11:00-1:00pm Open Gym</p> <p>SIDE B 11:00-1:00pm MEET UP Adult Intermediate Volleyball*</p>
		<p>SIDE A+B 10:15-11:00am JCC Early Childhood</p>	<p>SIDE A+B 10:15-11:00am JCC Early Childhood</p>	<p>SIDE A + B 10:30-12:00pm JCC ECE</p>		
<p>SIDE A + B 12:00-3:00pm Adult Pickleball 3 open play courts</p>	<p>SIDE A + B 12:00-3:00pm Adult Pickleball 3 open play courts</p>	<p>SIDE A 10:15-3:00pm JCC Early Childhood</p> <p>SIDE B 10:15-3:00pm Epstein Hillel School</p>	<p>SIDE A 10:15-3:00pm JCC Early Childhood</p> <p>SIDE B 10:15-3:00pm Epstein Hillel School</p>	<p>SIDE A 12:00-3:00pm Epstein Hillel School</p> <p>SIDE B 12:00-3:00pm JCC Early Child- hood</p>	<p>SIDE A+B 12:30-5:00pm Open Gym</p>	<p>SIDE A+B 1:00-4:00pm Open Gym</p>
<p>SIDE A 3:00-4:00pm JCC Early Child- hood</p> <p>4:00-5:00pm J Adv Class</p> <p>SIDE B 3:00-5:00pm Tennis Classes</p>	<p>SIDE A 3:00-5:00pm J Adv Class</p> <p>SIDE B 3:00-5:00pm Tennis Classes</p>	<p>SIDE A 3:00-4:00pm JCC Early Childhood</p> <p>4:00-5:00pm J Adv Class</p>	<p>SIDE A 3:00-5:00pm J Adv Class</p> <p>SIDE B 3:00-5:00pm Tennis Classes</p>	<p>SIDE A 3:00-4:00pm J Adv Class</p> <p>4:00-5:00pm JCC Early Child- hood</p>		
<p>SIDE A 5:00-7:00pm Open Gym</p> <p>SIDE B 5:00-6:00pm Pickleball lessons</p>	<p>SIDE A 5:00-6:00pm Open Gym</p> <p>SIDE B 5:00-6:00pm Pickleball lessons</p>	<p>SIDE A 5:00-7:00pm Open Gym</p> <p>SIDE B 5:00-7:00pm Pickleball lessons</p>	<p>SIDE A 5:00-7:00pm Open Gym</p> <p>SIDE B 5:00-6:00pm Tennis Class</p>	<p>SIDE B 3:00-5:30pm Open Gym</p>		
<p>SIDE A+B 7:00-9:00pm 4on4 Hoop League</p>	<p>SIDE A 6:00-8:00pm Gym Rental</p> <p>SIDE B 6:00-8:00pm Pickleball lessons</p>	<p>SIDE A 7:00-9:00pm MEET UP Adult Intermediate Volleyball*</p> <p>SIDE B 7:00-9:00pm 4on4 Hoop League</p>	<p>SIDE A+B 6:00-7:00pm Open Gym</p> <p>SIDE A +B 7:00-9:00pm 4on4 Hoop League</p>	<p>SIDE A+B 5:30-7:00pm Member Pickleball Court Reservation time on motionvibe</p>	<p>MEET UP Adult Volleyball is for JCC members but we look for registration for this at https:// www.meetup.com/ volleyball-122/</p>	

* Please note: Our Schedules a subject to change, please see our website for updated schedules. Website: