

# Winter 2024 Pool Schedule

# JCC POOL SCHEDULE

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday                                  | Sunday   |
|---|--|--|--|---|---|--|
| 5am-10am<br>Lap Swim 6<br>Motionvibe<br>Swim Team 2<br>5:45-7am | 5am-10am<br>Lap Swim 6<br>Motionvibe<br>SHS Team 3<br>5:45-7am<br>Lessons 1<br>8:30-9:30am | 5am-10am<br>Lap Swim 6<br>Motionvibe<br>Lessons 2<br>8:30-9:30am | 5am-10am<br>Lap Swim 6<br>Motionvibe<br>SHS Team 3<br>5:45-7am<br>Lessons 1<br>8:30-9:30am | 5am-10am<br>Lap Swim 6<br>Motionvibe                      | 6:30am-8am<br>Lap Swim 6                  | 7am-9am<br>Lap Swim 6                                    |
| 10am-11am<br>Water<br>Aerobics 6                                | 10am-11am<br>Water<br>Aerobics 6   | 10am-11am<br>Water<br>Aerobics 6                                 | 10am-11am<br>Water<br>Aerobics 6   | 10am-1pm<br>Lap Swim 6                                    | 8am-10am<br>Lap Swim 4<br>Swim Team 2     | 9am-1pm<br>Lessons 6                                     |
| 11am-1pm<br>Lap Swim 6  | 11am-1pm<br>Lap Swim 6   | 11am-1pm<br>Lap Swim 6   | 11am-1pm<br>Lap Swim 6   | 1pm-3:30pm<br>Lap Swim 4<br>Lessons 2                     | 10am-11:00am<br>Lap Swim 6                | 1pm-4pm<br>Lap Swim 4<br>Family Swim 2                   |
| 1pm-3pm<br>Lap Swim 4<br>Lessons 2                              | 1pm-3pm<br>Lap Swim 4<br>Lessons 2   | 1pm-3pm<br>Lap Swim 4<br>Lessons 2                               | 1pm-3pm<br>Lap Swim 4<br>Lessons 2   | 3:30pm-5pm<br>Lap Swim 1<br>Swim Lessons 1<br>Swim Team 4 | 11:00am-1:00pm<br>Lap Swim 4<br>Lessons 2 | 4pm-6:30pm<br>Swim Team<br>&<br>Water Polo<br>Whole Pool |
| 3pm-4:30pm<br>Swim Team 3<br>Lessons 3                          | 3pm-5pm<br>Swim Team 3<br>Lessons 3  | 3pm-4:30pm<br>SHS Team 3<br>Lessons 3                            | 3pm-5pm<br>Swim Team 3<br>Lessons 3  | 5pm-6:30pm<br>Swim Team 6                                 | 1:00-4pm<br>Lap Swim 4<br>Family Swim 2   |  |
| 4:30pm-6pm<br>Lap Swim 1<br>Swim Team 5                         | 5pm-6pm<br>Lap Swim 1<br>Swim Team 5   | 4:30pm-6pm<br>Lap Swim 1<br>Family Swim 1<br>Swim Team 4         | 5pm-6pm<br>Lap Swim 1<br>Swim Team 5   |   |   |  |
| 6pm-8pm<br>Swim Team 6  | 6pm-8pm<br>Swim Team 6   | 6pm-8pm<br>Lap Swim 2<br>Family Swim 1<br>Swim Team 3            | 6pm-8pm<br>Swim Team 6   |   |   |  |