



# Fall 2025

Starting:  
11/1/2025

# Gym Schedule

# JCCNS GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SIDE A 6-9am Fitness  SIDE B 6-9am Open Gym	SIDE A 6-9am Pickleball Lessons	SIDE A 6-9am Fitness  SIDE B 6-8am Open Gym 8-9am EHS	SIDE A 6-9am Fitness  SIDE B 6-8am Open Gym 8-9am EHS	SIDE A 6-9am Fitness  SIDE B 6-8am Open Gym 8-9am EHS	SIDE A+B 7-8:30am Pickleball Reservation Time 3 Courts  SIDE A+B 8:30-11:30am Pickleball Open Play 3 Courts	SIDE A + B 7-8am Open Gym  SIDE A 8-10:30am Adult Rec Basketball
SIDE A+B 9am-12pm JCC ECP	SIDE A+B 9am-12pm JCC ECP	SIDE A 9-11am JCC ECP  SIDE B 9-11am EHS	SIDE A 9am-12pm JCC ECP  SIDE B 9-9:30am EHS 9:30am-12pm JCC ECP	SIDE A 9-10am JCC ECP  SIDE B 9-10am EHS	SIDE A+B 10am-12pm JCC ECP	SIDE A+B 10:30am-5pm Open Gym
SIDE A+B 12-3pm Pickleball Open Play 3 Courts  1:30-3pm 1 court Pickleball Slow-Play	SIDE A+B 12-3pm Pickleball Open Play 3 Courts	SIDE A 11am-3pm JCC ECP  SIDE B 11am-3pm EHS	SIDE A 12pm-3pm JCC ECP  SIDE B 12pm-3pm EHS	SIDE A+B 12pm-3pm Pickleball Open Play	SIDE A+B 11:30am -1pm Pickleball Reservation time 3 Courts	SIDE A+B 5-7pm Pickleball Open Play 3 Courts
SIDE A 3-4pm J Adv 4-5pm JCC ECP  SIDE B 3-5pm J Adv	SIDE A+B 3-5pm J Adv	SIDE A 3-4pm J Adv 4-5pm JCC ECP  SIDE B 3-5pm J Adv	SIDE A+B 3-5pm J Adv	SIDE A 3-5pm JCC ECP  SIDE B 3-4pm J Adv 4-5:30pm Open Gym	SIDE A+B 1-5pm Open Gym	
SIDE A+B 5-7pm Open Gym	SIDE A+B 5-7pm Open Gym	SIDE A+B 5-7pm Open Gym	SIDE A 5-5:30pm Swim Team 5:30-7pm Open Gym  SIDE B 5-7pm Open Gym	SIDE A+B 5:30-7pm Pickleball Open Play 3 Courts	Starting 11/1/25 the Outdoor JCCNS Pickleball Courts are first come first serve	Trouble getting a pickleball court reservation please contact Andrew at adaltan@jccns.com
SIDE A+B 7-9pm 4on4 Hoop League	SIDE A+B 7-9pm Pickleball Advanced Open play 3 Courts	SIDE A 7-9pm Int. Volleyball** SIDE B 7-9pm 4on4 Hoops	SIDE A + B 7-9pm 4on4 Hoop League		<b>**MEET UP Adult Intermediate Volleyball is for JCCNS members. Please register online at <a href="https://www.meetup.com/volleyball-122/">https://www.meetup.com/volleyball-122/</a></b>	

\*See Pickleball Schedule

KEY: JCC ECP - JCC Early Childhood / J Adv - J Adventure Class / EHS - Epstein Hillel School