

# Winter 2026

## Gym Schedule

Starting:  
1/1/2026

**JCCNS GYM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>SIDE A</b> <b>6-9am</b> Fitness  <b>SIDE B</b> <b>6-9am</b> Open Gym	<b>SIDE A</b> <b>6-9am</b> Pickleball Lessons	<b>SIDE A</b> <b>6-9am</b> Fitness  <b>SIDE B</b> <b>6-8am</b> Open Gym <b>8-9am</b> EHS	<b>SIDE A</b> <b>6-9am</b> Fitness  <b>SIDE B</b> <b>6-8am</b> Open Gym <b>8-9am</b> EHS	<b>SIDE A</b> <b>6-9am</b> Fitness  <b>SIDE B</b> <b>6-8am</b> Open Gym <b>8-9am</b> EHS	<b>SIDE A+B</b> <b>7-8:30am</b> Pickleball Reservation Time 3 Courts  <b>SIDE A+B</b> <b>8:30-11:30am</b> Pickleball Open Play 3 Courts	<b>SIDE A + B</b> <b>7-8am</b> Open Gym  <b>SIDE A</b> <b>8-10:30am</b> Adult Rec Basketball  <b>SIDE A+B</b> <b>10:30am-12pm</b> Family Open Gym  <b>SIDE A+B*</b> <b>12pm-5pm</b> Open Gym  <b>SIDE A+B</b> <b>5-7pm</b> Pickleball Open Play 3 Courts
<b>SIDE A+B</b> <b>9am-12pm</b> JCC ECP	<b>SIDE A+B</b> <b>9am-12pm</b> JCC ECP	<b>SIDE A</b> <b>9-11am</b> JCC ECP  <b>SIDE B</b> <b>9-11am</b> EHS	<b>SIDE A</b> <b>9am-12pm</b> JCC ECP  <b>SIDE B</b> <b>9-9:30am</b> EHS <b>9:30am-12pm</b> JCC ECP	<b>SIDE A</b> <b>9-10am</b> JCC ECP  <b>SIDE B</b> <b>9-10am</b> EHS	<b>SIDE A+B</b> <b>10am-12pm</b> JCC ECP  <b>SIDE A+B</b> <b>12pm-3pm</b> Pickleball Open Play  <b>1:30-3pm</b> 1 court Pickleball Slow-Play	<b>SIDE A+B</b> <b>11:30am -1pm</b> Pickleball Reservation time 3 Courts  <b>SIDE A+B*</b> <b>1-5pm</b> Open Gym
<b>SIDE A+B</b> <b>12-3pm</b> Pickleball Open Play 3 Courts  <b>1:30-3pm</b> 1 court Pickleball Slow-Play	<b>SIDE A+B</b> <b>12-3pm</b> Pickleball Open Play 3 Courts	<b>SIDE A</b> <b>11am-3pm</b> JCC ECP  <b>SIDE B</b> <b>11am-3pm</b> EHS	<b>SIDE A</b> <b>12pm-3pm</b> JCC ECP  <b>SIDE B</b> <b>12pm-3pm</b> EHS	<b>SIDE A+B</b> <b>12pm-3pm</b> Pickleball Open Play  <b>1:30-3pm</b> 1 court Pickleball Slow-Play	<b>SIDE A+B</b> <b>11:30am -1pm</b> Pickleball Reservation time 3 Courts  <b>SIDE A+B*</b> <b>1-5pm</b> Open Gym	<b>SIDE A+B</b> <b>12pm-5pm</b> Open Gym  <b>SIDE A+B</b> <b>5-7pm</b> Pickleball Open Play 3 Courts
<b>SIDE A</b> <b>3-4pm</b> J Adv <b>4-5pm</b> JCC ECP  <b>SIDE B</b> <b>3-5pm</b> J Adv	<b>SIDE A+B</b> <b>3-5pm</b> J Adv	<b>SIDE A</b> <b>3-5pm</b> J Adv  <b>SIDE B</b> <b>3-5pm</b> J Adv	<b>SIDE A+B</b> <b>3-5pm</b> J Adv	<b>SIDE A</b> <b>3-5pm</b> JCC ECP  <b>SIDE B</b> <b>3-4pm</b> J Adv <b>4-5:30pm</b> Open Gym	<b>SIDE A+B</b> <b>5-7pm</b> Open Gym	<b>SIDE A+B</b> <b>5-6pm</b> Open Gym  <b>SIDE A+B</b> <b>6-7:30pm</b> Pickleball Lessons 3 Courts
<b>SIDE A+B</b> <b>5-7pm</b> Open Gym	<b>SIDE A+B</b> <b>5-6pm</b> Open Gym  <b>SIDE A+B</b> <b>6-7:30pm</b> Pickleball Lessons 3 Courts	<b>SIDE A+B</b> <b>5-7pm</b> Open Gym	<b>SIDE A</b> <b>5-7pm</b> Swim Team  <b>SIDE B</b> <b>5-7pm</b> Pickleball Lessons	<b>SIDE A+B</b> <b>5:30-7pm</b> Pickleball Open Play 3 Courts	*Gym Birthday parties maybe added in ½ gym Sat/Sun afternoons.	Trouble getting a pickleball court reservation please contact Andrew at <a href="mailto:adalton@jccns.com">adalton@jccns.com</a>
<b>SIDE A+B</b> <b>7-9pm</b> 4on4 Hoop League	<b>SIDE A+B</b> <b>7:30-9pm</b> Pickleball Advanced Open play 3 Courts	<b>SIDE A</b> <b>7-9pm</b> Int. Volleyball** <b>SIDE B</b> <b>7-9pm</b> 4on4 Hoops	<b>SIDE A + B</b> <b>7-9pm</b> 4on4 Hoop League		<b>**MEET UP Adult Intermediate Volleyball is for JCCNS members. Please register online at <a href="https://www.meetup.com/volleyball-122/">https://www.meetup.com/volleyball-122/</a></b>	

\*See Pickleball Schedule

KEY: JCC ECP - JCC Early Childhood / J Adv - J Adventure Class / EHS - Epstein Hillel School