



# Winter 2026 Gym Schedule

Starting:  
3/3/2026

JCCNS GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SIDE A 6-9am Fitness	SIDE A 6-9am Pickleball Lessons	SIDE A 6-9am Fitness	SIDE A 6-9am Fitness	SIDE A 6-9am Fitness	SIDE A+B 7-8:30am Pickleball Reservation Time 3 Courts	SIDE A + B 7-8am Open Gym
SIDE B 6-9am Open Gym		SIDE B 6-8am Open Gym 8-9am EHS	SIDE B 6-8am Open Gym 8-9am EHS	SIDE B 6-8am Open Gym 8-9am EHS		SIDE A 8-10:30am Adult Rec Basketball
SIDE A+B 9am-12pm JCC ECP	SIDE A+B 9am-12pm JCC ECP	SIDE A 9-11am JCC ECP	SIDE A 9am-12pm JCC ECP	SIDE A 9-10am JCC ECP	SIDE A+B 8:30-11:30am Pickleball Open Play 3 Courts	SIDE A+B 10:30am-12pm Family Open Gym
		SIDE B 9-11am EHS	SIDE B 9-9:30am EHS 9:30am-12pm JCC ECP	SIDE B 9-10am EHS		
SIDE A+B 12-3pm Pickleball Open Play 3 Courts	SIDE A+B 12-3pm Pickleball Open Play 3 Courts	SIDE A 11am-3pm JCC ECP	SIDE A 12pm-3pm JCC ECP	SIDE A+B 10am-12pm JCC ECP	SIDE A+B 11:30am -1pm Pickleball Reservation time 3 Courts	SIDE A+B* 12pm-5pm Open Gym
1:30-3pm 1 court Pickleball Slow-Play		SIDE B 11am-3pm EHS	SIDE B 12pm-3pm EHS	SIDE A+B 12pm-3pm Pickleball Open Play		
SIDE A 3-4pm J Adv 4-5pm JCC ECP	SIDE A+B 3-5pm J Adv	SIDE A 3-5pm J Adv	SIDE A+B 3-5pm J Adv	SIDE A 3-5pm JCC ECP	SIDE A+B* 1-5pm Open Gym	SIDE A+B 5-7pm Pickleball Open Play 3 Courts
SIDE B 3-5pm J Adv		SIDE B 3-5pm J Adv		SIDE B 3-4pm J Adv 4-5:30pm Open Gym		
SIDE A 5-7pm Open Gym	SIDE A+B 5-6pm Open Gym	SIDE A+B 5-7pm Open Gym	SIDE A 5-7pm Swim Team	SIDE A+B 5:30-7pm Pickleball Open Play 3 Courts	*Gym Birthday parties maybe added in ½ gym Sat/Sun afternoons.	Trouble getting a pickleball court reservation please contact Andrew at adalton@jccns.com
SIDE B 5-6pm EHS 6-7pm Open Gym	SIDE A+B 6-7:30pm Pickleball Lessons 3 Courts		SIDE B 5-7pm Pickleball Lessons			
SIDE A+B 7-9pm Pickleball Advanced Open play 3 Courts	SIDE A+B 7:30-9pm Pickleball Advanced Open play 3 Courts	SIDE A 7-9pm Int. Volleyball** SIDE B 7-9pm 4on4 Hoops	SIDE A + B 7-9pm 4on4 Hoop League		**MEET UP Adult Intermediate Volleyball is for JCCNS members. Please register online at <a href="https://www.meetup.com/volleyball-122/">https://www.meetup.com/volleyball-122/</a>	

\*See Pickleball Schedule

KEY: JCC ECP - JCC Early Childhood / J Adv - J Adventure Class / EHS - Epstein Hillel School