

Summer 2026 Gym Schedule

Starting:
7/8/2026

JCCNS GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SIDE A 6:00-9:00am Fitness	SIDE A 6:00-9:00am Fitness	SIDE A 6:00-9:00am Fitness	SIDE A 6:00-9:00am Fitness	SIDE A 6:00-9:00am Fitness		
SIDE B 6:00-9:00am Open Gym	SIDE B 6:00-9:00am Open Gym	SIDE B 6:00-9:00am Open Gym	SIDE B 6:00-9:00am Open Gym	SIDE B 6:00-9:00am Open Gym	SIDE A+B 7:00-10:00am Adult Open Play Pickleball 3 Courts	SIDE A + B 7:00-8:30am Open Gym
SIDE A+B 9:00am-4:00pm JCC Camp*	SIDE A+B 9:00am-4:00pm JCC Camp*	SIDE A+B 9:00am-4:00pm JCC Camp*	SIDE A+B 9:00am-4:00pm JCC Camp*	SIDE A+B 9:00am-4:00pm JCC Camp*	SIDE A+B 10:00am-12:30pm Open Gym	SIDE A 8:30-10:30am Adult Rec Basketball
If camp is outside ECE has the gym 9-12pm and it will be Open Gym 12-4pm	If camp is outside ECE has the gym 9-12pm and it will be Open Gym 12-4pm	If camp is outside ECE has the gym 9-12pm and it will be Open Gym 12-4pm	If camp is outside ECE has the gym 9-12pm and it will be Open Gym 12-4pm	If camp is outside ECE has the gym 9-12pm and it will be Open Gym 12-4pm	SIDE A+B 12:30-5:00pm Open Gym	SIDE A+B 10:30am-1:00pm Open Gym
SIDE A+B 4:00-7:00pm Open Gym	SIDE A+B 4:00-6:00pm Open Gym	SIDE A+B 4:00-7:00pm Open Gym	SIDE A+B 4:00-7:00pm Open Gym	SIDE A+B 4:00-6:00pm Open Gym		SIDE A+B 1:00-4:00pm Open Gym
	SIDE A+B 6:00-8:00pm Pickleball Lessons, in bad weather				*MEET UP Adult Volleyball is for JCCNS members. Please register online at https://www.meetup.com/volleyball-122/	
SIDE A+B 7:00-9:00pm 4on4 Hoop League		SIDE A 7:00-9:00pm MEET UP Adult Intermediate Volleyball*	SIDE A + B 7:00-9:00pm 4on4 Hoop League			
		SIDE B 7:00-9:00pm 4on4 Hoop League				