Fall 2026 Gym Schedule

Starting: 11/13/2026

JCCNS GYM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SIDE A **6-9am** Fitness SIDE B **6-9am** Open Gym	SIDE A **6-9am** Open Gym SIDE B **6-9:15am** **Pickleball Lessons**	SIDE A **6-9am** Fitness SIDE B **6-9am** **Pickleball Lessons**	SIDE A **6-9am** Fitness SIDE B **6-9am** **Pickleball Lessons**	SIDE A **6-9am** Fitness SIDE B **6-9am** Open Gym		
SIDE A+B **9am-12pm** JCC ECP	SIDE A+B **9am-12pm** JCC ECP EHS ½ Gym **9:30-10:15am**	SIDE A+B **9am-11am** JCC ECP **10:15am-11am** EHS	SIDE A+B **9am-12pm** JCC ECP	SIDE A **9-12pm** JCC ECP	SIDE A+B B **7-11:30am** Pickleball Adult Open Play "3.0ish" 3 Courts	SIDE A + B **7-8am** Open Gym
		SIDE A **11am-3pm** JCC ECP SIDE B **11am-3pm** EHS				SIDE A **8-10:30am** Adult Rec Basketball
SIDE A+B **12-3pm** Pickleball Adult Open Play "3.0ish" 3 Courts **1:30-3pm** 1 court Pickleball Slow-Play	SIDE A+B **12-3pm** EHS		SIDE A+B **12pm-3pm** Pickleball Adult Open Play "3.0ish" 3 Courts	SIDE A+B **12pm-3pm** Pickleball Adult Open Play "3.0ish" 3 Courts **1:30-3pm** 1 court Pickleball Slow-Play	SIDE A+B **11:30am -1pm** Pickleball Reservation time 3 Courts	SIDE A+B* **10:30am-5pm** Open Gym
					SIDE A+B* **1-5pm** Open Gym	
SIDE A+B **3-5pm** J Adv	SIDE A+B **3-5pm** J Adv	SIDE A+B **3-5pm** J Adv	SIDE A+B **3-5pm** J Adv	SIDE A+B **3-5pm** J Adv		
SIDE A+B **5-7pm** Open Gym	SIDE A+B **5-6pm** Open Gym SIDE A+B **6-7:30pm** Pickleball Lessons	SIDE A+B **5-7pm** Open Gym	SIDE A **5-7pm** Open Gym SIDE B **5-7pm** Open Gym Pickleball Lessons	SIDE A+B **5-5:30pm** Open Gym SIDE A+B **5:30-7pm** Pickleball Advanced "3.5ish" Open play 3 Courts	*Gym Birthday parties may be added in ½ gym on Sat/Sun afternoons.	SIDE A+B **5-7pm** Pickleball Adult Open Play "3.0ish" 3 Courts
SIDE A+B **7-9pm** 4on4 Hoop League	SIDE A+B **7:30-9pm** Pickleball Advanced "3.5ish" Open play 3 Courts	SIDE A **7-9pm** Int. Volleyball** SIDE B **7-9pm** 4on4 Hoops	SIDE A +B **7-9pm** 4on4 Hoop League			

KEY: JCC ECP - JCC Early Childhood / J Adv - J Adventure Class / EHS - Epstein Hillel School

*See Pickleball Schedule. Trouble getting a pickleball court reservation? Please contact Andrew at adalton@jccns.com. Outside PB reservations end 11/3/26 then it will be first come first serve.

**MEET UP Adult Intermediate Volleyball is for JCCNS members. Please register online at https://www.meetup.com/volleyball-122/